

**LEVEL-1 COURSE in
HANDS-ON MUSCULOSKELETAL ULTRASOUND
TRAINING**

ORGANISED BY:

**CHIKITSA DIAGNOSTIC AND ULTRASOUND TRAINING CENTRE,
MUMBAI**



LEADERSHIP THROUGH EXCELLENCE. SERVICE THROUGH TEACHING

Introduction

Program is intended to teach Musculoskeletal (MSK) Ultrasound to Radiologists with less knowledge of MSK ultrasound and give them the confidence to introduce MSK USG in their daily clinical practice.

Only theoretical knowledge does not equip one to perform Musculoskeletal ultrasound on patients doing MSK ultrasound practically on patients is an altogether different challenge.

It is our belief that training in MSK needs to be Hands-on and that the candidate needs to keep revising.

In order to get the Radiologist started in the practice of MSK ultrasound, we have introduced this LEVEL-1 HANDS-ON MUSCULOSKELETAL ULTRASOUND TRAINING PROGRAM.

This program is a 3 day course, usually conducted on Sunday-Monday-Tuesday, where theory and practical hands-on is covered.

We recommend that the newer practitioner join this Level-1 program..... being a Level-1 program, the more difficult portions will be covered only in the Level-2 program. The more advanced Level-2 program may therefore be done at a future date when the more basic aspects of MSK ultrasound have been learnt.

Course Structure

The course will be run for 3 days. The first 2 days comprise of lectures and Hands-on. Day 3 is for Hands-on and problem solving.

DAY 1 : with hands-on	KNOBOLOGY, PROBE SELECTION, ARTEFACTS
	TECHNIQUE, APPEARANCES OF NORMAL TISSUES, APPEARANCES OF PATHOLOGIES, LIMITATIONS
	WRIST : ANATOMY, SONOANATOMY, TECHNIQUE, CARPAL TUNNEL, GUYON'S CANAL ETC
	SHOULDER AND ACROMIOCLAVICULAR JOINT
DAY 2 : with hands-on	KNEE,
	ANKLE
	HIP
DAY 3 : with hands-on	INDEPENDENT HANDS-ON BY CANDIDATE AND PROBLEM SOLVING ASSESSMENT OF CANDIDATE

The program is subject to change.

Additional Hands-on :

If a candidate wants to do additional Hands-on in future, he may opt for it. The pricing for the same would be additional and the future dates need to be fixed up in consultation with the Centre.

Number of Delegates

Number of participants is generally kept small.

OUR TEAM :



**DR MEENAKSHI BADADE, MD
(Radiodiagnosis), DMRD**

**Trained in UK (London) in
Musculoskeletal ultrasound**

**Well known expert and Teacher in
Ultrasonography**

**Experience of over 25 years in
specialized Ultrasonography**

**Director, Chikitsa Diagnostic And
Ultrasound Training Centre, Mumbai,
which has trained over 4000 post-
graduate doctors in Ultrasonography
and is recognized as a leading training
centre in India.**



DR KALPESH KHATAL, DMRE

**Well known expert and Teacher in
Ultrasonography**

Experience of over 9 years in specialized
Ultrasonography

**Consultant Sonologist, Chikitsa
Diagnostic And Ultrasound Training
Centre, Mumbai, which has trained over
4000 post-graduate doctors in
Ultrasonography and is recognized as a
leading training centre in India.**

**Author of several papers in indexed
international and national journals.**

**Faculty in Ultrasonography training programs at Chikitsa Diagnostic and
Ultrasound Training Centre**



**DR ANIRUDH BADADE, MD
(Radiodiagnosis), DMRD**

**Well known expert and Teacher in
Ultrasonography**

**Experience of 30 years in specialized
Ultrasonography**

**Director, Chikitsa Diagnostic And Ultrasound
Training Centre, Mumbai, which has trained
over 4000 post-graduate doctors in
Ultrasonography and is recognized as a
leading training centre in India.**

Author of several papers in indexed international and national journals.

**Faculty in several national and international ultrasound conferences and
workshops**

Asst Honorary Radiologist, Rajawadi Municipal Hospital.

**Ex-Honorary Radiologist, Nowrosjee Wadia Maternity Hospital, Parel,
Mumbai**

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